

General Home Preparation

- Make your home appear lived-in while away by putting lights and radio on timers
- Dial your thermostat up or down to match the temperature of the season
- Stop home-delivery services (mail, newspapers) or arrange to have picked up by a neighbor
- Arrange for pet and plant care. Contact Skads for dog and/or house sitting service referral.
- Lock windows, garage, and doors. Close blinds/curtains. Leave keys with a friend.

Documentation

- Visit skadstravel.com **Helpful Resources** section to find out about flight delays, passports, world health, weather conditions, customs, currency converter and travel advisories.
- Schedule a medical check-up before the trip. Any necessary vaccinations, and have any medical procedures done
- Check medical insurance coverages. Visit skadstravel.com under Travel Insurance.
- Check expiration date of passport and visa. Recommend 6 month validity past return date.
- Foreign currency of your destination country.
- Advise credit card companies of your travel plans
- Driver's License or International Driver's License (if applicable). Leave photocopy with friend.
- Birth Certificate, Marriage License or Minor Release Form (if necessary)
- Travel documents organized. Leave copy of itinerary with friend.
- International Cell Phone. Contact cell phone provider for international plan options.
- Visit skadstravel.com for recommended reading lists and printable destination maps
- Consider TSA precheck and Global Entry Registration

Personal Preparation

- Review baggage requirements for airline (restrictions vary per aircraft)
- Place ID tags on all baggage. Do NOT lock checked baggage.
- Reading materials, 2 pair glasses, earplugs
- Laptop computer with battery charger
- Make a "fun bag" for each child and include games, books, toys, playing cards, a tape player with ear buds, snacks

Basic Essentials

- Appropriate clothing and comfortable footwear (Break in new shoes to prevent blisters), Rain protection, brimmed hat
- Camera, battery charger, travel alarm clock, small binoculars, small flashlight
- Mini sewing kit, folding scissors (place in checked bag)
- Travel iron or steamer; Comb/brush, hairdryer, shampoo, conditioner, gels
- Laundry soap packets, laundry bag, ziplock plastic bags, sink stopper
- First Aid Kit including alcohol wipes, antibiotic ointment, band aids and pain reliever
- Diarrhea medicine, laxatives, motion sickness medicine; Doctor's prescriptions with labeled bottle
- Sunscreen, Insect repellent, Deodorant, cologne, lotion, soap, washcloth
- Contact lens preparations, Toothbrush, toothpaste, dental floss, Makeup, lipbalm, towelettes, shaving cream