



Freestyle Daily Activities



Expand your Horizons

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| Art Gallery | Open 24 Hours |
| Fine Art Gallery, Deck 7, Aft | |
| Total Body Conditioning Class - Free | 8:00am |
| Body Waves Fitness Center, Deck 12, Fwd | |
| Yoga / Pilates (\$10) | 9:00am |
| Body Waves Fitness Center, Deck 12, Fwd | |
| Margarita Tasting (\$15) | 4:00pm |
| Mambo's Bar, Deck 8, Mid | |
| Martini Tasting (\$15) | 4:00pm |
| Martini Bar, Deck 6, Mid | |
| Group Cycling (\$10) | 4:00pm |
| Body Waves Fitness Center, Deck 12, Fwd | |
| Awesome Abs | 5:00pm |
| Body Waves Fitness Center, Deck 12, Fwd | |
| Seminar: Secrets to a Flat Stomach | 5:30pm |
| Body Waves Fitness Center, Deck 12, Fwd | |
| Friends of Bill W. | 6:30pm |
| Prague Room, Deck 6, Fwd | |
| Friends of Dorothy Meet | 7:00pm |
| Star Bar, Deck 13, Mid | |

Cruise News and More

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| Quiet Sun Deck Space | All day |
| Deck 14, Fwd & Deck 15, Fwd | |
| Quiet Sun Deck Space | All day |
| Deck 15, Mid, Starboard, (Access: Staircase next to golf net) | |
| Golf Clubs Available | 8:00am-5:30pm |
| Great Outdoors Bar, Deck 12, Aft | |
| International Hostess - Ivonne | 8:30am-9:30am |
| Crystal Atrium, Deck 7, Mid, Portside | |
| Sports Court | 8:00am-5:00pm |
| Deck 13, Aft | |
| Library (Sudoku & Trivia Available) | 9:00am-11:00am |
| Deck 12, Fwd | |
| Aqua Kids Club: | 4:00pm-6:00pm |
| Port Play Group Fun (\$5/hour) | 9:00am-5:00pm |
| Deck 12, Mid | |
| Bowling Alley | 2:30pm-Close |
| Bliss Ultra Lounge, Deck 7, Aft | |
| Bliss Ultra Lounge* | 11:00am-Close |
| Bliss Ultra Lounge, Deck 7, Aft | |
| *After 9:00pm - 21 years and older | |
| Aqua Kids Club | 7:00pm-10:00pm |
| Deck 12, Mid | |

Games and Activities

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| Nintendo Wii-Bowling on the Big Screen | 8:30am-10:30am |
| Crystal Atrium, Deck 7, Mid | |
| Tennis Play with your Fellow Guests | 9:00am-11:00am |
| Sports Court, Deck 13, Aft | |
| Rock Climbing Wall | 9:00am-Noon |
| Deck 14, Aft | |
| Morning Trivia | 9:30am |
| Whiskey Bar, Deck 6, Mid | |
| Board Games with your Fellow Guests | 10:15am |
| Card Room, Deck 12, Fwd | |
| Shuffleboard Tournament | 10:30am |
| Deck 7, Promenade, Starboard | |
| Ping Pong Tournament | 11:45am |
| Deck 12, Fwd, Portside | |
| Pool Trivia | 12:30pm |
| Tahitian Pool, Deck 12, Fwd | |
| Bridge Play with your Fellow Guests | 3:00pm |
| Card Room, Deck 12, Fwd | |
| Arts & Crafts - Napkin Folding | 3:30pm |
| Whiskey Bar, Deck 6, Mid | |
| Rock Climbing Wall | 4:00pm-6:00pm |
| Deck 14, Aft | |
| Flash's Brutal Art Trivia | 5:00pm |
| Whiskey Bar, Deck 6, Mid | |
| The Art Of Bingo | 5:30pm |
| Spinnaker Lounge, Deck 13, Fwd | |
| Spin to Win Free Pull for CAS members! | 8:00pm-9:00pm |
| Pearl Club Casino, Deck 6 Fwd | |
| Double Bonus Points on Slots | Midnight-2:00am |
| Pearl Club Casino, Deck 6 Fwd | |

Music & Shows

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| Flex | Alan Lee |
| <i>Island Rhythms</i> | <i>Piano Favorites & Requests</i> |
| 4:45pm-7:45pm | 5:30pm-6:15pm |
| Tahitian Poolside,* | 8:15pm-9:15pm |
| Deck 12, Mid | Bar City, Deck 6, Mid |
| Peter James | Norwegian Pearl Showband |
| <i>Relaxed Piano Jazz</i> | <i>Ballroom & Swing Dancing</i> |
| 6:30pm-8:15pm | 6:30pm-7:30pm |
| Bar City, | Spinnaker Lounge, Deck 13, Fwd |
| Deck 6, Mid | |
| Trio los Amigos | Pamala Stanley |
| <i>Harmonies & Guitars</i> | <i>Elegant Piano & Song</i> |
| 6:15pm-7:00pm | 9:30pm-Closing |
| 7:45pm-8:30pm | Bar City, Deck 6, Mid |
| 9:00pm-9:45pm | |
| 10:15pm-11:00pm | The Pearl Jazz Quartet |
| Crystal Atrium, Deck 7, Mid | <i>Fresh Air Jazz</i> |
| Modal Magic Band | 10:00pm-11:30pm |
| <i>Hot Dance Hits</i> | The Great Outdoors, Deck 12, Aft |
| 9:45pm-10:45pm | |
| 12:15am-Close | Frank's Place |
| Spinnaker Lounge, Deck 13, Fwd | <i>Continuous Music of Frank Sinatra</i> |
| | 2:00pm-Closing Star Bar, Deck 13, Mid |
| *Weather Permitting | |
| Adult Karaoke | 7:30pm-8:30pm |
| Spinnaker Lounge, Deck 13, Fwd | |
| Showtime: Garden of the Geisha | 7:45pm & 9:45pm |
| Stardust Theater, Decks 6 & 7, Fwd | |
| The Second City: Improvisation | 8:45pm |
| Spinnaker Lounge, Deck 13, Fwd | |
| The Second City: | |
| Adult Improvisation (18&Older) | 10:45pm |
| Spinnaker Lounge, Deck 13, Fwd | |
| White Night Dance Party | 11:00pm |
| Bliss Ultra Lounge, Deck 7, Aft | |
| The Ship N' Males Night (18&Older) | 11:30pm |
| Spinnaker Lounge, Deck 13, Fwd | |

Bar Services

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| Java Café & Juice Bar Deck 7, Mid | 7:00am-Close |
| Morning Specials and Fresh Juices | |
| Topsiders Bar Deck 12, Mid | 8:00am-Close |
| Sky High Bar Deck 13, Fwd | 10:00am-Close |
| Bliss Ultra Lounge Deck 7, Aft | 2:00pm-Close |
| Star Bar Deck 13, Mid | 3:00pm-Close |
| Great Outdoors Bar Deck 12, Aft | Noon-Close |
| Spinnaker Bar Deck 13, Fwd | 3:00pm-Close |
| Champagne Bar Deck 6, Mid | 4:00pm-Close |
| Morning Specials, Mimosas, Champagne and Bellini's | 8:00am-11:00am |
| Maltings Bar Deck 6, Mid | 4:00pm-Close |
| Bar City Deck 6, Mid | 4:00pm-Close |
| Morning Drink Specials, Breakfast Pastry, Bagels and Lox | 8:00am-11:00am |
| Guest Services | |
| Reception Desk Deck 7, Mid (#00) | Open 24 Hours |
| Internet Café Deck 7, Aft | Open 24 Hours |
| Body Waves Fitness Deck 12, Fwd | Open 24 Hours |
| Metro Video Arcade Deck 12, Mid | Open 24 Hours |
| Internet Manager Deck 7, Aft | 8:00am-10:00am |
| Onboard Credit Desk Deck 7, Mid | 7:00pm-10:00pm |
| Tahitian Pool Deck 12, Mid | 8:00am-11:00am |
| Jacuzzis Deck 12, Mid | 5:00pm-8:00pm |
| Water Slide Deck 12, Mid | 8:00am-10:00pm* |
| South Pacific Spa & Salon Deck 12, Fwd | 8:00am-Midnight* |
| Medical Center Deck 4, Mid | 8:00am-6:00pm |
| Future Cruises Deck 7, Aft | 8:00am-10:00pm |
| Pearl Club Casino Deck 6, Fwd | 8:30am-10:00am |
| Gift Shops Deck 7, Fwd | 4:00pm-5:00pm |
| Shore Excursions Desk Deck 7, Mid | 8:00am-9:00am |
| Photo Gallery Deck 7, Aft | 5:00pm-7:00pm |
| Port Shopping Consultant Reception Desk, Deck 7, Mid | 7:30pm-Close |

*Pools and Jacuzzi will be open as long as it is weather permitting. Forward Jacuzzis and Pool, Deck 12, is for adults only.

Freestyle Dining

Specialty Restaurants reservations are recommended. Reservations for today and tomorrow can be made at the reservation desk located at Mambo's Restaurant, Deck 8, Mid (7:00am-5:00pm) or by dialing 050. Reservations for Summer Palace & Indigo restaurants can be made but are not required.

Getting Started-Breakfast

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| Early Risers Deck 12, Mid | 5:30am |
| Garden Café Deck 12, Mid | 6:30am-10:30am |
| Great Outdoors (weather permitting) Deck 12, Aft | 7:00am-Noon |
| The Grill (weather permitting) Deck 12, Mid | 7:00am-10:30am |
| Summer Palace Deck 6, Aft | 7:30am-9:00am |

Satisfy Your Afternoon Appetite-Lunch

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| Summer Palace Deck 6, Aft | Noon-1:30pm |
| Two-story windows | |
| The Grill -Topsider (weather permitting) | Noon-3:30pm |
| Casual poolside dining, Deck 12, Fwd | |
| Garden Café Deck 12, Mid | Noon-3:00pm |
| Various (and delicious) Food Action Stations | |

What Are You In The Mood For?-Dinner

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| Garden Café Deck 12, Mid | 5:00pm-8:30pm |
| Taste of Orient-Food Action Stations | |

Main Dining Rooms:

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| Summer Palace Deck 6, Aft | 5:30pm-10:00pm |
| Five-course meals, two-story windows | |

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| Indigo Deck 6, Mid | 5:30pm-10:30pm |
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Five-courses, more intimate

Specialty Restaurants:

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| Mambo's Restaurant Deck 8, Mid | 5:30pm-10:30pm |
| Tex Mex delights | |

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| La Cucina Deck 12, Aft, Portside | 5:30pm-10:30pm |
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Now that's Italian! Al fresco dining available

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| Lotus Garden (\$10)* Deck 7, Mid | 5:30pm-10:30pm |
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Fusion of exotic Asian flavors

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| Shabu-Shabu (\$10)* Deck 7, Mid | 5:30pm-10:30pm |
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Mongolian hot pot

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| Sushi Bar (\$15)* Deck 7, Mid | 5:30pm-10:30pm |
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It doesn't get any fresher

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| Cagney's Steakhouse (\$20)* Deck 13, Mid | 5:30pm-10:30pm |
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Grilled perfection, elegant setting

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| Le Bistro (\$15)* Deck 6, Mid | 5:30pm-10:30pm |
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French cuisine that's magnifique

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| Teppanyaki (\$20)* Deck 7, Mid | 5:30/7:30/9:30pm |
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All fresh for your enjoyment

For Whenever You Are Hungry

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| Blue Lagoon Café Deck 8, Mid | Open 24 hours |
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Lite bites/burgers & fast wok dishes

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| Great Outdoors Deck 12, Aft | 3:30pm-5:00pm |
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Snacks for satisfying your afternoon appetite

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| The Grill - Topsiders Deck 12, Mid | 3:30pm-6:00pm |
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Evening Snacks

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| Great Outdoors Deck 12, Aft | 8:30pm-9:30pm |
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Evening Snacks

*This little star means that these restaurants charge a cover, but the cost is really minimal (and for what you get, you'll find it's well worth it).

Walking & Jogging: Deck 13 is a walking/jogging track open 24/7. Deck 7 is a walking-only track; it's open 9am-9pm. Remember, all sports play is at your own risk.

Jacuzzis & Pools: Glass & bottles can't be brought into any of the pools or hot tubs; neither can children in diapers or pull-ups, including swimmers.

Casino: You have to be 18 (and have ID) to gamble or be in the casino. Sorry, but no winnings can be paid to any person or bets in violation. Also, drinks or glassware can't be taken out; pipes or cigars can't be taken in, but cigarette smoking is ok.

Non-Smoking Lounges: Smoking is only allowed on the Port side in the public lounges, Casino and out on open decks. Cigar is only permitted in the Corona Cigar Club, Deck 6, Mid.

Announcements: All announcements can be heard on channel 24 on your stateroom television.

Open Flames: Open flames (like burning candles and incense) are strictly forbidden.

Sun Lounges: Reserving with personal items is discouraged. Unattended items will be deposited at the lost and found after 30 minutes.

Environmental Hotline: You can report environmental incidents by calling 1-877-501-5976, the ship's Reception Desk, Deck 7, Mid or via e-mail to semshotline@ncl.com. All reports are confidential.

Customer Advisory: Eat Smart: In case you didn't know, there's a certain level of danger to eating raw or undercooked animal products. It's also risky to drink juices that haven't been pasteurized. So if you have any immune system disorders, you should talk with your doctor.

Customer Relations: Got a service problem? We'll do our best to solve it! Call #00 or 1-866-625-1164.

Sharps Containers: If you've got any type of needles to throw away, please ask for a special container from the Reception Desk or the Medical Center

Safety Equipment: Please don't remove or meddle with any safety equipment onboard (such as smoke detectors or fire extinguishers). And, please follow safety instructions from the crew members.

Bridge Viewing Room: Have a look at the Bridge in the viewing room. Sunrise-Sunset, Deck 11, Fwd, Portside.

Dress Code: After 5:30pm no shorts, tank tops or track suits are permitted in any of our restaurants except Garden Café.